

18

13 TO COME

Sunday, December 19

353 DAYS PAST

12 TO COME

To Encourage and Stimulate

normal anabolism after the subsidence of an acute illness, the exhausted convalescent requires blood food as well as tissue food. Pepto-Mangan (Gude) restores the functional efficiency of the circulating fluid, increases its oxygen-bearing capacity and thus acts as a general tonic and reconstituent.

Weather

Temp.

Cold & snow flurries of it on all day. Girls & Evelin went to Sunday school. John was over to Parks this forenoon & afternoon. I was home all day. Mr & Mrs Levy, was up to Jasper Winters for dinner & for dinner.

Mariah 5