

00  
Thursday, April 20 40

III DAYS PAST

SATURDAY

255 TO COME

### The Climacteric Period.

The constantly recurring strain upon the vital bank account due to the excessive loss of blood during the climacteric period, gradually brings about a condition of Anemia. **Pepto-Mangan (Gude)** serves to restore the vitality and sufficiency of the vital fluid and thus renders the patient better able to withstand the drain upon vitality due to the menopause.

Weather

Looked like

Temp.

rain several times, but didn't  
rain until to night a little  
Maudie & I went to Aylmer  
after supper, was at the Arnolds  
a minute, paid for Filby for  
two hundred of yellow  
sugar price eighteen dollars,  
John finished sawing  
this morning, & this after  
noon he & Mr Blake headed  
in the ten acres, done it  
about two thirds done, Maudie  
& I washed & Melba did all,  
the other work Filby & Maudie