

Sunday, October 15

289 DAYS PAST

TUESDAY

77 TO COME

To Insure Rapid Reconstruction.

After the febrile period of the malarial attack, a rapid reconstruction of erythrocytes is needed to restore the vital elements of the blood that were destroyed by the plasmodium. The organically combined iron and manganese in **Pepto-Mangan (Gude)** are so promptly absorbed that the blood cells are rapidly repaired, and their hemoglobin renewed, in all conditions of Anemia, Chlorosis and general vital deterioration.

Weather *fine* to day Temp.

I went up to Lewis & got
some oats ground. John
ploughed all day. I went
down to shed's for a harness
that John bought south of
Orwell. Heavy single harness
 Cecil was gone to night
Purs is better. Melba, Maudie
& I have been picking apples
John sold fine lambs to
Charles Marchant for \$75 dollars
I came to
200 3