

Saturday, June 17

169 DAYS PAST MONDAY 197 TO COME

Do Not Attempt to Force

an irritant metallic salt or iron into the circulation, by giving same when the embarrassed digestion of the more or less depleted anemic is unable to cope with it. It is the part of clinical wisdom to order **Pepto-Mangan (Gude)**, which is acceptable and tolerable alike to the marasmic infant, the chlor-anemic girl and the feeble octogenarian.

Weather

Temp.

A fine day  
& very warm, but cold  
to night. Eugene came  
& brought Melba home  
to night. Maude & I  
went to Aylmer to night.  
& I took Mary & Louis, down  
to the cemetery. John has  
been cutting triales all  
day, after he took the  
milk. I have been planting  
some strawberry plants  
Billy & H. Mariah &