

Monday, November 6

311 DAYS PAST

55 TO COME

Anemic Convalescents.

Patients who fail to respond to well directed dietetic and hygienic measures often show prompt improvement when **Pepto-Mangan (Gude)** is added to the treatment. This is especially true of anemic convalescents. The appetite is improved, absorption of food is encouraged and the nutrition is enhanced.

Weather

Temp.

A fine day
I took the girls to school & went
for them. I went down to
George Lewtons, & got apples
& wall nuts. We got word
tonight that Charley Startup
is killed in the trenches
John played all day
in this little field north
of the house

Mariah 14 miles