

# Wednesday, October 18

292 DAYS PAST

FRIDAY

74 TO COME

## Acne.

Sibley (*Clinical Journal*) says sulphur, internally, is often a good remedy. A teaspoonful of the following powder may be taken in milk the first thing in the morning: Flowers of sulphur, neutral tartrate of potash, sulphate of magnesia.

Where it is necessary to bring about a local reaction plaster mulls may be applied. These should contain salicylic acid or resorcine, the former often combined with creosote. The strength of these plasters varies from five to forty per cent. Vaccine treatment is often useful as an adjunct to local treatment; but severe cases often do better under vaccine treatment than mild ones. It must be continued for six months at least, and long after all spots have ceased to disappear. In the majority of cases repeated small doses of X-rays will bring about a satisfactory cure.

Weather

Cold <sup>east</sup> wind

Temp.

Maudie is some better. Pearl Brown was brought home dead to day. Mr Dance was here to see how Maudie was. John has been ploughing all day, only while he picked a few apples for me. Maudie went to bed early, & the rest of the time we picked apples.