

## Wednesday, November 24

328 DAYS PAST

37 TO COME

### Fresh Air in Tuberculosis.

Fresh air benefits patients with other forms of tuberculosis, as much as it does those with tuberculosis of the respiratory type. It has no more influence on the lungs than on the rest of the body. Coolness, dryness and motion of the air are factors to be sought after. It has long been a current belief that one hour of driving is worth two sitting on the porch. The active motion of the air with attendant evaporation of moisture causes much of the sensation of well-being from good ventilation. Dryness of the atmosphere is important, but is of itself of little avail.—*Medical Times.*

Weather

Temp.

Warm & rained a little this morning. I drove the girls to school & went for them. John & Joe went to Eugene's to help him put wood in his woodshed. Jennie & Davis went home to day. I was alone all day.

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