

Saturday, October 21

295 DAYS PAST

MONDAY

71 TO COME

An Essential Requirement.

Vitalization of the red cell must be accomplished after the subsidence of profuse hemorrhage from any cause. Pepto-Mangan (Gude) supplies the organism with the material necessary for the creation of new erythrocytes and the increase of the iron-holding, oxygen-bearing hemoglobin.

Weather

Temp.

A cold wind
but yet it seemed warm
Aleta & Malba went to Aylmer
& home for supper, then
Aleta went home. Eugene
was to Aylmer with a guest
Ceecil was over a little
while, John went to Aylmer
this morning & got his hair
cut there & this afternoon
has been doing odd chores

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