

Thursday, December 30

364 DAYS PAST

I TO COME

Caution in Use of Cathartics.

The obstipation and bloating that accompany acute inflammatory abdominal disorders seem commonly to call for cleansing of the intestinal tract by cathartics. This erroneous and harmful practice is based on improper diagnosis. For this reason cathartics must be avoided until the diagnosis demonstrates that there is no contra-indication to their use. It seems almost unnecessary to add that cathartics are always contra-indicated in the conditions mentioned.—Rockey; Med. Sentinel.

Weather

Temp.

Thawed a little in places, but cold & rigid. Maudie & I went to Aylmer this afternoon & the De. old Mariah & drove her then Maudie took her & came home it was about eight when we got home. John has a terrible cold my legs dress up a load Mariah & of big madders

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