

Tuesday, November 14

319 DAYS PAST

47 TO COME

A Noticeable Pallor

of skin and mucuous membranes, is a signal for ferruginous therapy, especially when associated with the subjective symptoms of anemia-lassitude, headaches, shortness of breath, cardiac palpitation, etc. **Pepto-Mangan (Gude)** is basically and fundamentally restorative, as it operates primarily upon the blood itself, the fountain and foundation of life and living.

Weather

Temp.

Cold & snow flurries
snowed about an inch
last night, I took the girls
& went for them, Alice came
& got Maude Abell to night
she finished my green
dress & helped me fit my
black fur coat over come,
I took Carl camp bell two
chickens this morning.

Wassah 11