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n M. & S.

## Sunday, September 26

96 DAYS PAST

96 TO COME

### The Anemia of Innutrition.

so frequently observed in patients of all ages, is symptomatic of a general devitalization. Fresh air, nourishing food and **Pepto-Mangan (Gude)** constitute a reconstructive trinity of marked and certain value, the last named agent increasing the oxygen-bearing capacity of the blood stream, and thus aiding directly in the absorption and appropriation of the increased food supply.

Weather

Temp.

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le old all day  
rained last night & all the  
fournoon, had a high wind  
all day. Girls & Evelin went  
to Sunday school. I had glass  
since come over and get some  
pears as the wind was blowing  
them all off, & the pigs eating  
them. It was valley Sunday  
in the Sunday school. The  
French & British won a great  
victory over the Germans today  
all the whistles & bells are ringing  
in Aylmer Mariah 5