

Sunday, September 29

273 DAYS PAST

Monday

93 TO COME

Any Appreciable Blood Deficiency

usually involves a disturbance of metabolism generally. To increase the balance of force and energy a blood stream of structural integrity must be maintained. **Pep-to-Mangan (Gude)** enables a physiologic balance to be struck, by furnishing the essential ferric and manganic elements in all conditions of vital undercapitalization.

Weather

Temp.

Rained this morning
& some again to night. I
went and got chopp, for the
pigs, & salt, & oyster shell
\$1.50 a hundred. John has
been drawing manure all
day. Mr Youngs came at noon
& got poor old Billy hors, after
I came home & took him
down there, to draw wood. I have
been working on a center
piece of honoton & point lace
Billy 17 Mariah 6