POSTAL RATES—Continued

PARCEL POST TO FOREIGN COUNTRIES

Direct Parcel Post Exchanges are in operation between Canada and the countries mentioned in the following table, the rate and limit of weight being as specified in each case :

TO	RATES OF POSTAGE			TO	RATES OF POSTAGE		
	First lb.	Each successive lb.	Limit of Weight		First lb.	Each successive lb.	Limit of Weight
	cts	cts	lbs.		cts.	cts.	lbs.
Australian Com.	24	12	11	Japan	12	12	11
Bermuda...	12	12	11	Newfoundland..	12	12	11
*China	.....	.....	.....	New Zealand....	12	12	11
Grenada	12	12	11	United Kingdom	12	12	11

Barbadoes, British Guiana, Jamaica, Leeward Islands, St. Lucia, St. Vincent, Tobago and Trinidad, for the first lb. 12 cents, for each succeeding lb. 12 cents, limit of weight, 11 lbs.

*Parties wishing to post parcels to China are advised to enquire at the General Post Office, Postal Stations or at one of the sub-offices in regard to rates, weight, etc.

For rates, &c., to other countries, enquire at local Post Office.

Parcels may also be sent *via* England to nearly all other countries. Rates and special conditions may be found in the Official Postal Guide, or learned on enquiry at Local Post Office.

No correspondence must be enclosed. A Custom's Declaration of the contents and value of each parcel must be filled up at the Post Office, or one of the branches and attached to the parcel by the sender.

No parcel sent from Canada by parcel post to the United Kingdom or to another country *via* the United Kingdom may contain an enclosure bearing a different address from that on the cover of the parcel.

Parcels addressed to the United Kingdom must not exceed thirty inches in length by one foot in width or depth, nor must the combined length and girth exceed six feet. Parcels will be accepted, however, three feet six inches in length, and having a combined length and girth not exceeding six feet, provided the contents are articles which could not be packed in shorter parcels, such as umbrellas, golf clubs, etc.

Parcels addressed to any country other than the United Kingdom must not exceed two feet in length by one foot in width or depth.

No parcel may contain coin or bullion exceeding five pounds sterling in value; in case of coins a special exception is made, allowing coins which are clearly intended for purposes of ornament to be enclosed in parcels even if their value exceeds five pounds.

The importation of the following articles into the United Kingdom by Parcel Post is prohibited: Letters, explosive and dangerous articles, foreign reprints of British Copyright works, acetylene, extracts or other concentrations of coffee, chicory, tea or tobacco, snuff work, tobacco stalks, tobacco stalk flour, prison made goods, saccharin, and substances of a like nature or use, rags, shoddy, and live animals (except bees in properly constructed cases.)

POST OFFICE SAVINGS BANKS

are established at the General Office and at most of the branches. Sums of $1.00 or any multiple of $1.00 can be deposited, but the maximum sum which may be received from any one depositor in any year, ending the 31st March, is $1,500, and the total sum which may be received to the credit of any depositor is $5,000. Interest, three per cent.

MONEY ORDERS

A War Tax of 2 cents will be charged on each Money Order irrespective of the amount.

The purchase of a Money Order is but the work of a minute and payment is just as prompt.

The rates of commission for Money Orders issued in Canada for payment in Canada, Antigua, Bahamas, Barbados, Bermuda, British Guiana, Cayman Islands, Dominica, Grenada, Jamaica, Montserrat, Nevis, Newfoundland, St. Christopher (St. Kitts), St. Lucia, St. Vincent, Tobago, Trinidad, Turks Island and the Virgin Islands are as follows, viz. :—

For sums under .....$10 ..... 5c.	Over $50 and up to.....$ 60 .....20c.
Over $10 and up to..... 30 .. ..10c.	Over 60 " " ..... 100....25c
Over 30 " " ..... 50 .....15c.	

The rates of commission to be charged, until further notice, on Money Orders payable in Cuba, Guam, Hawaii, Isle of Pines, Panama Canal Zone, Philippine Islands, Porto Rico, Tutuila (Samoa) and the United States are as follows :—

On orders up to.....$10 .....10c.	Over $50 and up to....$60.....40c.
Over $10 and up to.... 30 .....20c.	Over 60 " .... 80.....50c.
Over 30 " " .... 50 .....30c.	Over 80 " " .... 100 .....75c.

The rates of commission on Orders payable in the United Kingdom, British Possessions and all other countries upon which Money Orders may be obtained, except those mentioned above, are as follows, viz. —

If not exceeding.....$ 5..... 5c.	Over $50 and up to.....$60.....60c.
Over $ 5 and up to... .. 10 .....10c.	Over 60 " ..... 70.....70c.
Over 10 " ..... 20 .....20c.	Over 70 " ..... 80.....80c.
Over 20 " ..... 30 .....30c.	Over 80 " ..... 90.....90c.
Over 30 " ..... 40 .. ..40c.	Over 90 " ..... 100.....$1.00
Over 40 " ..... 50 .....50c.	

There is no exchange of Money Orders with Spain or Mexico.

Duplicate orders issued free of charge.

Transfer of payment from one place to another and changes in names of persons to whom payment is to be made are effected without any additional charge. OFFICE HOURS—From 7 a.m. to 12 p.m.

POSTAL NOTES

A War Tax of 1 cent will be charged on each Postal Note irrespective of the amount.

The Postal Note System established by the Post Office Department affords a cheap and convenient means for remitting small sums.

Are sold and paid at more than 11,000 Post Offices in Canada. May be bought as quickly as stamps. May be bought during all Post Office Hours.

To meet the public interest the rates have been fixed at very moderate figures, as follows —

1c. on note for..... 20c.	2c. on note for..... 70c.	2c. on note for.....$2.00
1c. " ..... 25c.	2c. " ..... 75c.	2c. " 2.50
1c. " ..... 30c.	2c. " ..... 80c.	3c. " 3.00
1c. " ..... 40c.	2c. " ..... 90c.	3c. " 4.00
2c. " ..... 50c.	2c. " $1.00	3c. " 5.00
2c. " ..... 60c.	2c. " 1.50	5c. " 10.00

Odd cents may be made by affixing Canadian Postage Stamps not exceeding 9 cts. in value to the face of a Postal Note, if the same is for remittance to a place in Canada.

Additional postage stamps must not be attached to note by payee.

Canadian Postal Notes can be made payable at any Post Office in United States transacting Money Order business. If payee resides in a city, the notes must be drawn on the main city office, not on a sub-office or station.

Postage Stamps must not be affixed to Postal Notes drawn for payment in the United States.

Canadian Postal Notes are payable only in Canada, United States and Newfoundland.

British Postal Orders issued in the United Kingdom and British Possessions are payable at the main offices in the following cities in Ontario: Brantford, Fort William, Hamilton, Kingston, London, Ottawa, Peterboro, Port Arthur, Toronto and Windsor; and also at the principal cities in the other Provinces of Canada.

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For Stomach Trouble
Take a glass of Hot Water with a Tea spoonful
of Lime Stone Phosphate in it ever Morning
Before Breakfast.