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**Sunday, January 9**

9 DAYS PAST **W E D N E S D A Y** 357 TO COME

**Raise the Vital Standard.**

The general health is physiologically "below par" when the functional activity of the blood, i.e., its oxygen-carrying power, is insufficient to maintain the vital force at its proper standard. **Pepto-Mangan (Gude)**, by increasing the blood supply of the hemoglobin, restores a normal metabolic balance.

Weather

Temp.

Snowed off & on all day  
& quite hard for some time  
this afternoon. John was to  
Aylmer. This afternoon Albert  
& he tried to cut out the  
snow run them out, John  
was over to see loops a little  
while. Aleta went over  
home & left the baby to  
Mother Dances while she  
went. I have been making  
Mauch's a new night-dress

Billy to Mike to Mariah &