

Wednesday, May 13

133 DAYS PAST

232 TO COME

Regularly, Persistently and in Full Dosage.

To overcome and combat degenerative factors, regenerative measures must be adopted and persisted in. In addition to the general nutritive and hygienic care of the patient, **Pepto-Mangan (Gude)** should be given, in full dosage, regularly and persistently, to restore, rebuild and revivify the red blood cells, to increase the percentage of hemoglobin and to reinforce vitality generally.

Weather

Temp.

*Rained a little this morning. This afternoon it cleared up & was a lot warmer. I cleaned the Parlor & Parlor Bedroom. Dining room & Bedroom this afternoon. Cyrene took a load of flooring out to his place. Maud M^{rs} Gay was at the gate a few minutes this morning. Maud Thompson came back home to night. I hoed the little garden nearly all over this morning. Slept past nine and I am going to bed.
Billy 5 - Nedra & Polly 11 Bill 15*