

6990 4  
**Friday, February 4**

35 DAYS PAST

**MONDAY**

331 TO COME

### The Oxygen Necessary to Combustion

must be supplied to the tissues in full measure, in order to successfully maintain normal nutritive exchange. The organic iron of the hemoglobin is the "nutrition conveyor." Hence the essential importance of such an assimilable, ferruginous reconstructive as **Pepto-Mangan (Gude)** in Anemic, Chlorotic, Marasmic and generally devitalized conditions.

Weather

Temp. 14 below

Very cold Maudie froze her face a little coming home from school. John & I washed & it was so cold, I had to take the clothes out a few at a time because they would freeze so I couldn't hang them out. Mr. Levy was over to help us put up the parlor stove, but the elbow was no good so will have to wait until tomorrow. Clarence took the milk  
Mariah &