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**Thursday, March 23**

83 DAYS PAST

*Saturday*

283 TO COME

**In Every-Day Practice,**

in a large proportion of cases, rational therapy requires the intelligent use of an efficient hemoglobin contributor. **Pepto-Mangan (Gude)** is preferable to other hematinics, because it is, at once, palatable, non-irritating, non-constricting and distinctly efficient as a corpuscle constructor and hemoglobin creator.

**Weather**

**Temp.**

Froze hard last night but all thawed out today. Some places the roads are dry, some places nearly but deep with mud, & some places snow banks several feet high. Melba & I went down to Jessie Marchants, then to a lumber boy's was up and got a load of wood & then came back & had his dinner & tapped the maple trees over. John, Mark & Clarence butchered two pigs & cleaned quite a lot of the cellar. I am tired enough to sleep without rocking.

Mariah &