

Saturday, December 14

349 DAYS PAST

Sunday

17 TO COME

**Normal Constructive Metabolism**

requires a competent circulating fluid, i. e., blood with a sufficient number of erythrocytes of structural and functional integrity. In anemic conditions **Pepto-Mangan (Gude)** stimulates the formation of normal red cells, increases the hemoglobin percentage and acts as a general reconstituent.

Weather

Temp.

cold snowed a little last night. Melba & I went to church. Mr Ashford sang a solo. It was fine. Cecil was over this morning

Marcell 5