

# Sunday, July 11

192 DAYS PAST

173 TO COME

## Belching.

About 99 per cent. of cases of belching are due to the escape of swallowed atmospheric air and not a sign of any pathologic condition. One swallows air with food and drink, and this accumulates and forces its way through the cardiac orifice. When belching is a symptom of gastric or general disease a nervous hyperchlorhydria is the explanation. The accumulation of gas in the stomach is not dangerous except in elderly patients, in whom arteriosclerosis or some heart lesions or some other serious condition exists, of which the flatulence is a complication.—*Medical Times.*

Weather

Temp.

Warm  
and as heavy a rain all  
day as I ever saw. But  
the girls & I went to church in  
the morning. We all went  
in the evening, the girls was  
baptised at night—was six  
girls to Edna Post was among  
st them, Eugene Alata  
Miss Appleford was out, John  
& Mark was at sheds nearly  
all day & to dinner Mariah to Polley's

193 DAYS PAST

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Weather

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