

Saturday, December 25

359 DAYS PAST

6 TO COME

The Vital Standard.

The general health is physiologically "below par" when the functional activity of the blood, i.e., its oxygen-carrying power, is insufficient to maintain the vital force at its proper standard. Pepto-Mangan (Gude), by increasing the blood supply of the hemoglobin, restores a normal metabolic balance.

Weather

Temp.

Warm & thawing

This morning & raining, snowed heavy last night enough to you sleighing. John & the girls came to supper with the Currier for dinner. Mr. Danes came with the bob sleighs & brought sleds & the phone & they put it up for them, we talked to them to night. Mr. Danes & his made them as Christmas presents of it. Martha 79