

Mrs King came home with
Maundie, John was traveling Maundie
all day.

Friday, October 29

302 DAYS PAST

63 TO COME

The Blood Pressure.

A pressure of over 145 is abnormal, other things being equal, and at the age of fifty years, a pressure over 150 is pathologic. In treating high pressure it is safe practice to endeavor to reduce the blood pressure when excessively high to a point where symptoms cease. It should be kept there if possible. The patient will rest better if he eats a small evening meal. As for drugs, the nitrites are valuable. If nitroglycerin fails, sodium nitrite, $\frac{1}{2}$ to 2 or even 3 grains may be useful. This will only relieve symptoms. They should be continued only when the pressure is rising. Reduction in the quantity of the diet is of importance.—Riesman; Am. Journ. Med. Sc.

Weather

A fine day

Temp.

Girls drove to school & took
Hattie with them, to Mrs Mc
Leays, & Mrs Kline drove the
horse. Back home here, then
went back to night & took
the horse back for Maundie
Aleta & her mother was here on
their way to Aspliner, then brought
it back with them & she
went home with Aleta, Mariah, B

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