

Cardiac Diseases in Children.

The following rules are given by Perrier as to the management of this condition: In the first place, the child should be protected from cold, both because it depresses vitality and also because cold may cause internal congestion. Much fatigue is to be avoided and violent exercise forbidden. In the case of girls, particular attention is to be paid to these points at the approach of puberty. Secondly, the greatest care should be exercised as to diet, which should be simple, and consist largely of milk, eggs, easily-digested soups, and tender, plainly-cooked meats. Milk should be the drink for each meal. Thirdly, a life in the open air is very essential, and the climate should be changed by resorting to warm places in Winter and cool ones in Summer, for all persons with cardiac disease, particularly children, suffer from rapid changes in temperature.—*Charlotte Med. Journal.*

Hard to Understand.

A little girl brushing her hair found that it "crackled" and asked her mother why it did.

"Why, dear, you have electricity in your hair," explained the mother.

"Isn't that funny?" commented the little one, "I have electricity in my hair and grandmother has gas in her stomach."