

# Friday, December 18

352 DAYS PAST

13 TO COME

## To Examine the Colon

for retained feces place the soft part of the four fingers of both hands midway between the umbilicus and ensiform cartilage, then, by pressing them downwards towards the umbilicus, the contracted colon can be felt to give the sensation of a tense cord. Another method is to grasp the trunk with the two hands and palpate with the thumbs. The descending colon with the splenic angle can be easily defined. The pelvic colon can only be satisfactorily examined per rectum and bimanually. It is important to examine the ileum as it enters into the caecum at the same time.—*Med. Progress.*

Weather

Temp.

An nice day  
Maude I thought  
gave a dinner for her  
own people the girls  
took their dinner

Billy 5-