

August about 1880  
**Tuesday, September 14** with  
257 DAYS PAST 108 TO COME

**Begin at the Foundation.**

To revive, restore and reconstruct one should preferably begin at the foundation. In almost every case of systemic depletion the blood is "below par." There is no quicker and more satisfactory way of starting up the reparative process than by means of **Pepto-Mangan (Gude)**. This palatable and tolerable combination of iron and manganese in organic form is a veritable "prop" to the functionally disturbed blood.

**Weather** Very warm & **Temp.** 70

Girls! about for them. Had a letter from Rev. Ella, she is staying with Lizzie again. Lewis Starbuck John finished harvesting his wheat. Joe went up to Brandon for a night. Charley Marchant has his first cow. Saw him today. Built him a new house this summer.

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