

Sunday, August 6

219 DAYS PAST

147 TO COME

Oxygen to Cell and Tissue

must be carried by the blood stream to relieve Anemia and allied conditions. A relative deficiency of oxygen is usually due to a lack of hemoglobin and erythrocytes, the oxygen-bearing elements of the circulating fluid. **Pepto-Mangan (Gude)**, by virtue of its promptly available organic iron and manganese, efficiently stimulates the formation of the essential blood-enriching constituents, and thus insures a better supply of oxygen to cell and tissue.

Weather

Very hot

Temp.

Herbs were down for
dinner. Celine & Hellen
are over. We were home
all day