

Eggs 8

Monday, January 17

17 DAYS PAST

349 TO COME

To Restore Functional Efficiency.

To encourage and stimulate normal anabolism after the subsidence of an acute illness, the exhausted convalescent requires blood food as well as tissue food. Pepto-Mangan (Gude) restores the functional efficiency of the circulating fluid, increases its oxygen-bearing capacity and thus acts as a general tonic and reconstituent.

Weather

Cold 14 below

Temp.

I drove the girls to school this morning because it was so cold & went for them to night, got the milk cheque paid in Mill's & was at Mrs McLeays a little while. Got a new horse blanket of Mr Cohey for one half. Mr Long was over to night Cecil was over this afternoon & I washed a few things.

• Mariah 10