

Saturday, May 1

121 DAYS PAST

244 TO COME

The Reserve Supply of Iron

stored up in the body is said to be one of its physiologic "factors of safety." It is fed out into the circulation when required. When the reserve store is insufficient for the needs of the blood, anemia ensues. **Pepto-Mangan (Gude)** presents the organic ferruginous material for blood enrichment in eminently palatable, entirely tolerable and readily appropriable form.

Weather

Cold

Temp.

Girls & I went to Aylmer
& brought old Maria's home
to drive. John & Joe worked
clearing up the potato patch
& dished it some. After we
came home from Aylmer
Melba & I went to the woods &
built fires & hunted flowers.
Maudie stayed & studied her
home work. Started sending
our milk to Northwood
Dolley to $\times \frac{1}{2} = 72$

Willa got her