

Tuesday, October 15

289 DAYS PAST

Wednesday

77 TO COME

The Reserve Supply of Iron

stored up in the body is said to be one of its physiologic "factors of safety." It is fed out into the circulation when required. When the reserve store is insufficient for the needs of the blood, anemia ensues. **Pepto-Mangan (Gude)** presents the organic ferruginous material for blood enrichment in eminently palatable, entirely tolerable and readily appropriable form.

Weather

A fine day

Temp.

Auntie Teeple & Melba went
to St Thomas. I took them
to King's mill. Got a new
pair of shoes. Then I met
them at Mrs Adams's where
they had supper. ^{Billy & Mariah} ~~blongher~~

Beamed. Mrs Teeple's
cold is a little better

Billy &