

Wednesday, March 11

70 DAYS PAST

295 TO COME

Treatment of Mucous Colitis.

Apply to abdomen at night towel soaked in magnesium sulphate solution, $\frac{1}{2}$ ounce to 1 pint of water, at 75° F. Irrigate rectum with 2 gallons of same solution at 85° to 90° F. Mucus disappears, and pain and gas formation diminish. Milk diet, with fruit, especially grapes, added, also effective; $1\frac{1}{2}$ quarts of milk to be taken during day and 1 pint of hot milk at bedtime; continue for ten days or two weeks. Crude tar of *Pinus palustris*, mixed with flour and ordered in No. 2 gelatin capsules, gave good results; 2 or 3 capsules one hour after meals.—Joseph.

Weather Fair & cold Temp.

Maude & Mella drove to school
Maude had dinner at Grandma
Wrightmans. Eugene has gone
to Aylmer for some medicine
to sing hi. John was to Aylmer
this afternoon. Maude Thompson
& Boyd came this morning
and took me to Kingsmill. The
boys was hauling manure this fore
noon
Sodd 5 to 6 doz of eggs
Billy to Lydia 6